Fall 2017

Programs for Caregivers Working in Virginia’s Licensed Assisted Living Facilities and Adult Day Care Centers

Courses:

- Individualized Service Plan: Meeting Resident/Participant Needs
- Mental Health and Aging: A Practical Approach to Working with Older Adults
- Nutritional Needs/Medication Safety
A Program for Caregivers Working in Virginia’s Licensed Assisted Living Facilities and Adult Day Care Centers

Topic

Individualized Service Plan: Meeting Resident/Participant Needs

Who Should Attend?

This program is for professional caregivers working in Assisted Living and Adult Day Care settings. This course is designed for those who are new to the facility or newly responsible for creating ISPs. This course is not designed to be a refresher course.

Objectives

At the end of this training, participants will have an:

- Increased familiarity with the Virginia licensing standards related to individualized service plans.
- Increased understanding of the purpose of the uniform assessment instrument.
- Increased understanding of the importance of the individualized service plan.
- Increased understanding of the importance of interdisciplinary assessment of residents.
- Increased ability to interpret assessments to determine resident needs.
- Increased ability to develop and use goal-oriented individualized service plans.

About the Trainers

Trainers for this seminar are Gerontologists, Registered Nurses, educators and/or consultants who specialize in the care of older adults.

Please Note

Registrations MUST BE received at the Department of Gerontology 10 business days prior to the training date. If registering less than 10 days prior to the training, a certificate of attendance will not be available at the training, but will be mailed at a later date. If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.

Certificates of attendance will NOT be provided for late arrivals or early departures.

A light breakfast will be provided.

CEU’s are available at the training for a $10 processing fee.

ATTENTION

It is recommended but not required that anyone attending ISP training first complete the UAI training in order to enhance what will be learned in the ISP training. Open access training for UAI can be found on the DSS website under “Training.”
TOPIC: Individualized Service Plan: Meeting Resident/Participant Needs

**Dates and Locations**

- **ABINGDON**: Tuesday, September 26, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-4
  - Southwest Virginia Higher Education Center
  - Virginia Highlands Community College Campus
  - One Partnership Circle, Room 222
  - Abingdon, VA 24210

- **FAIRFAX**: Tuesday, September 05, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-3:30
  - Fairfax County Government Center
  - 12000 Government Center Parkway
  - Conference Room 120-C
  - Fairfax, VA 22035

- **HAMPTON**: Thursday, September 28, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-4
  - Embassy Suites
  - 1700 Coliseum Drive
  - Hampton, VA 23666

- **RICHMOND**: Tuesday, September 19, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-4
  - Westerre Conference Center
  - 3831 Westerre Parkway
  - Henrico, VA 23233

- **SALEM**: Wednesday, September 13, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-4
  - Salem Civic Center
  - Parlor A
  - 1001 Roanoke Boulevard
  - Salem, VA 24153

- **VA BEACH**: Thursday, September 07, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-4
  - TCC/Virginia Beach Joint Use Library
  - Meeting Room L102-103
  - 1700 College Crescent
  - Virginia Beach, VA 23453

- **WOODSTOCK**: Thursday, September 14, 2017
  - SIGN IN: 8:30 • WORKSHOP: 9-4
  - Hampton Inn & Suites
  - 1150 Motel Drive
  - Woodstock, VA 22664

Directions are available online at:
http://www.sahp.vcu.edu/gerontology/professional/socialservices.html

Certificates will NOT be provided for late arrivals or early departures. A light breakfast will be provided.
TOPIC: Individualized Service Plan: Meeting Resident/Participant Needs

Payment and Registration Instructions

ONLINE PAYMENT AND REGISTRATION
To pay by credit card and register online go to: training.vcu.edu and search using “gerontology” as the sponsor (select from drop down menu)
OR

SEND REGISTRATION FORM TO:
BY MAIL:
VCU Department of Gerontology
Individualized Service Plan
PO Box 980228
Richmond, VA 23298

BY FAX: 804-828-5259

MAKE CHECK OR MONEY ORDER PAYABLE TO:
VIRGINIA COMMONWEALTH UNIVERSITY

WE LOOK FORWARD TO SEEING YOU!

Please Note
• Do not include payment for CEUs
• Refunds will NOT be provided unless the session is cancelled by the VCU Department of Gerontology.
• Registration must be received 10 business days prior to the training date. If registering less than 10 days prior to the training, a certificate will not be available at the training, but will be mailed at a later date.
• If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.
• It is strongly recommended that all attendees complete the UAI training on the DSS website prior to attending.

Certificates will NOT be provided for late arrivals or early departures.

TOPIC: Individualized Service Plan: Meeting Resident/Participant Needs

Name (Attach list of necessary)

________________________________________
Facility Name and Address

________________________________________

Work Phone: ____________________________
Home Phone: ____________________________

☐ YES ☐ NO

Are you employed by a licensed ALF or ADCC?

Makc check or money order payable to:
VIRGINIA COMMONWEALTH UNIVERSITY

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A Program for Caregivers Working in Virginia’s Licensed Assisted Living Facilities and Adult Day Care Centers

**Topic**

Mental Health and Aging: A Practical Approach to Working with Older Adults

**Who Should Attend?**

This program is for professional caregivers working in Assisted Living and Adult Day Care settings.

**Objectives**

At the end of this training, participants will have:

- An increased understanding of the wide-ranging impacts of mental illness in aging
- An increased ability to recognize the signs, symptoms, and trajectories of common mental illnesses in older adults
- An increased familiarity of the referral processes for professional and community mental health resources
- An increased appreciation for and understanding of the tools to navigate the ethical issues surrounding mental health

**About the Trainers**

Trainers for this seminar are Gerontologists, Registered Nurses, educators and/or consultants who specialize in the care of older adults.

**Please Note**

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A light breakfast will be provided.

CEU’s are available for a $10 processing fee (see page 14)
TOPIC: Mental Health and Aging: A Practical Approach to Working with Older Adults

**Dates and Locations**

- **ABINGDON**: Tuesday, October 17, 2017  
  SIGN IN: 8:30  ●  WORKSHOP: 9-4  
  Southwest Virginia Higher Education Center  
  Virginia Highlands Community College Campus  
  One Partnership Circle, Room 222  
  Abingdon, VA 24210

- **FAIRFAX**: Tuesday, October 10, 2017  
  SIGN IN: 8:30  ●  WORKSHOP: 9:30  
  Fairfax County Government Center  
  12000 Government Center Parkway  
  Conference Room 120-C  
  Fairfax, VA 22035

- **HAMPTON**: Thursday, October 12, 2017  
  SIGN IN: 8:30  ●  WORKSHOP: 9:4  
  Embassy Suites  
  1700 Coliseum Drive  
  Hampton, VA 23666

- **RICHMOND**  
  SIGN IN: 8:30  ●  WORKSHOP: 9-4  
  Westerre Conference Center  
  3831 Westerre Parkway  
  Henrico, VA 23233

- **SALEM**: Tuesday, October 03, 2017  
  SIGN IN: 8:30  ●  WORKSHOP: 9-4  
  Salem Civic Center  
  Parlor A  
  1001 Roanoke Boulevard  
  Salem, VA 24153

- **RICHMOND**  
  SIGN IN: 8:30  ●  WORKSHOP: 9-4  
  Trinity Family Life Center  
  Solomon's Court  
  3601 Dill Road  
  Richmond, VA 23222

- **HAMPTON**: Thursday, October 12, 2017  
  SIGN IN: 8:30  ●  WORKSHOP: 9-4  
  Embassy Suites  
  1700 Coliseum Drive  
  Hampton, VA 23666

- **WOODBSTOCK**: Wednesday, October 04, 2017  
  SIGN IN: 8:30  ●  WORKSHOP: 9-4  
  Hampton Inn & Suites  
  1150 Motel Drive  
  Woodstock, VA 22664

Directions are available online at:  
http://www.sahp.vcu.edu/gerontology/professional/socialservices.html

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A light breakfast will be provided.
TOPIC: Mental Health and Aging: A Practical Approach to Working with Older Adults

Payment and Registration Instructions

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OR

SEND REGISTRATION FORM TO:

BY MAIL:
VCU Department of Gerontology
Mental Health
PO Box 980228
Richmond, VA 23298

BY FAX: 804-828-5259

MAKE CHECK OR MONEY ORDER PAYABLE TO:

VIRGINIA COMMONWEALTH UNIVERSITY

WE LOOK FORWARD TO SEEING YOU!

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TOPIC: Mental Health and Aging: A Practical Approach to Working with Older Adults

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Are you employed by a licensed ALF or ADCC? □ YES □ NO

Make check or money order payable to:

VIRGINIA COMMONWEALTH UNIVERSITY

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| Oct 10 Fairfax | _______ X | $15.00 |
| Oct 12 Hampton | _______ X | $15.00 |
| Oct 25 RichmondEE | _______ X | $15.00 |
| Oct 19 RichmondWE | _______ X | $15.00 |
| Oct 03 Salem | _______ X | $15.00 |
| Oct 24 VA Beach | _______ X | $15.00 |
| Oct 04 Woodstock | _______ X | $15.00 |
A Program for Caregivers Working in Virginia’s Licensed Assisted Living Facilities and Adult Day Care Centers

Topic

Nutritional Needs/Medication Safety

Who Should Attend?

This program is for professional caregivers working in Assisted Living and Adult Day Care settings.

Objectives

At the end of this training, participants will have an:

- Increased understanding of the basic nutrition and hydration needs of adults in long-term care.
- Increased understanding of the relationship between nutrition and physical and cognitive functioning in older adults.
- Increased understanding of the role of nutrition in chronic disease care of older adults.
- Increased understanding of the implications of food and drug interactions in older adults.
- Increased ability to apply strategies for preventing medication-related problems.
- Increased ability to describe drug interactions, adverse drug events, overuse, underuse, inappropriate prescribing and non-adherence.
- Increased ability to describe symptoms that may indicate that an older adult is experiencing a medication-related problem.
- Increased ability to explain why older adults are at risk for experiencing a medication-related problem.
- Increased ability to identify strategies to prevent medication-related problems in older adults.

Please Note

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A light breakfast will be provided.

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About the Trainers

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## TOPIC: Nutritional Needs/Medication Safety

### Dates and Locations

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<th>Location</th>
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<th>Venue Details</th>
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| **ABINGDON:** | Thursday, November 16, 2017 | 8:30 | 9-4 | Southwest Virginia Higher Education Center  
Virginia Highlands Community College Campus  
One Partnership Circle, Room 222  
Abingdon, VA 24210 |
| **FAIRFAX:** | Wednesday, November 15, 2017 | 8:30 | 9:30-4 | Fairfax County Government Center  
12000 Government Center Parkway  
Conference Room 120-C  
Fairfax, VA 22035 |
| **HAMPTON:** | Thursday, November 02, 2017 | 8:30 | 9-4 | Embassy Suites  
1700 Coliseum Drive  
Hampton, VA 23666 |
| **RICHMOND**<sup>WE</sup>: | Wednesday, November 01, 2017 | 8:30 | 9-4 | Westerre Conference Center  
1001 Roanoke Boulevard  
Salem, VA 24153 |
| **SALEM:** | Thursday, November 09, 2017 | 8:30 | 9-4 | Salem Civic Center  
Parlor C  
1001 Roanoke Boulevard  
Salem, VA 24153 |
| **RICHMOND**<sup>EE</sup>: | Tuesday, November 14, 2017 | 8:30 | 9-4 | Trinity Family Life Center  
Solomon's Court  
3601 Dill Road  
Richmond, VA 23222 |
| **VA BEACH:** | Wednesday, November 08, 2017 | 8:30 | 9-4 | TCC/Virginia Beach Joint Use Library  
Meeting Room L102-103  
1700 College Crescent  
Virginia Beach, VA 23453 |
| **WOODSTOCK:** | Tuesday, November 07, 2017 | 8:30 | 9-4 | Hampton Inn & Suites  
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TOPIC: Nutritional Needs/Medication Safety

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OR

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VCU Department of Gerontology
Nutrition & Meds
PO Box 980228
Richmond, VA 23298

BY FAX: 804-828-5259

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WE LOOK FORWARD TO SEEING YOU!

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TOPIC: Nutritional Needs/Medication Safety

Name (Attach list of necessary)

Facility Name and Address

Work Phone: Home Phone:

Are you employed by a licensed ALF or ADCC? □ YES □ NO

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CONTINUING EDUCATION UNITS: This course meets the criteria of Virginia Commonwealth University, a SACS-accredited school. 0.6 Continuing Education Units (CEUs) will be awarded by transcript and recorded by Virginia Commonwealth University. There is a $10 processing fee.

Each site will have the appropriate forms available for continuing education credit the day of the training. Mail the completed form and processing fee to the VCU Department of Gerontology, P.O. Box 980228, Richmond, VA 23298. The deadline for requesting CEUs is two weeks after the last training date.

To access your CEU Transcript, visit http://www.ocpe.vcu.edu/courses/transcripts.html and enter your name, date of birth, city, and state exactly as it appears on the registration form. You will also need the event number, which is located on each CEU application form. Please allow 3-4 weeks after the end of the event before processing your online transcript.

Attendees will no longer need to apply for NAB credits for trainings offered by the VCU Department of Gerontology through the support of DSS as additional documentation of attendance is not required. These trainings meet 18VAC95-30-70 B of the Regulations Governing the Practice of Assisted Living Facility Administrators: “In order for continuing education to be approved by the board [LTCA], it [training] shall be related to the domains of practice for residential care/assisted living and approved or offered by NAB, an accredited educational institution, or a governmental agency.”

Please maintain original copies of your Certificate of Attendance as it is your responsibility to maintain records of your continuing education for licensing. If you have any questions about continuing education requirements for licensing please contact the Virginia Board of Long Term Care Administrators at (804) 367-4595.

Online application and advance payment of CEUs will now be accepted during online registration for each training course. Upon registering for a training, you will be asked to select if you want to receive CEU credit for the course. A $10 processing fee will be added to your total. You must complete the online CEU application form during registration. Refunds will not be given for no-show attendance. If you have any questions, please email agingstudies@vcu.edu

Please Note: Registrations must be received at the Department of Gerontology 10 business days prior to the training date. If registering less than 10 days prior to the training, a certificate will not be available at the training, but will be mailed at a later date.

Virginia Commonwealth University is committed to a policy of equal opportunity in education without regard to race, creed, gender, sexual orientation, national origin, age, or handicap.